

Amenities near the Allegheny Trail																
N-S Milepoints	Facility Name	Distance & Directions from ALT	Phone no. & e-mail	Website	Groceries	Hardware/Camp Supplies	Lodging	Camping	Showers	Meals/Sandwich	Overnight Parking**	Shuttle Service	Internet access	Phone service	Postal Service	Pets allowed
** When parking overnight at established trailheads, you must contact the appropriate local authorities (e.g., County Sheriff, State Police, State Park Superintendent, Forest Service Ranger District, etc.) to ensure your vehicle is not towed.																
Section 4 North																
Shuttle to all trailheads between Sect 3 Bear Br & Sect 4 S Hanging Rock	Outdoor Adventures	White Sulphur Springs, WV	1-888 PLAYWVA (752-9982) goto@wvoutdooradventures.com	https://wvoutdooradventures.com/gre-enbrier-river-trail-shuttle-rates/	N	N	N	N	N	N	N	Y	N	N	N	Call ahead
Section 4 Gap road walk Alternative A																
6.10-6.90	White Sulphur Springs (town)	Smack dab.	304-536-1454	https://www.whitesulphurspringswv.org/	Y	Y	James Wiley House B&B, http://www.jameswylie.com/ (304) 536-9444	N	N	Y	?	?	Y	Cell/Land	Y	Wait outside.
21.40	Moncove Lake State Park	Smack dab.	304-772-3450	https://wvstateparks.com/park/moncove-lake-state-park/	N	N		Y	Y	N	Y	N	N	Cell/Land	N	Y
27.40	The Barn Store	~0.2 mi West of ALT MP 27.40 along WV-3 in Gap Mills, WV	(304) 772-3188	https://www.facebook.com/thebarnstore/	Y	Y		N	N	Y	N	N	N	Cell	N	N/A
28.00	Cheese-n-More Store	A few yards Northeast of ALT MP 28.00 along WV-3 on the right in Gap Mills, WV	(304) 772-5211	https://www.facebook.com/pages/Cheese-n-More/357671577676366	Y	N		N	N	Y	N	N	N	N	N	N/A
28.00	Kitchen Creek Bakery	A few yards Northeast of ALT MP 28.00 along WV-3 on the left in Gap Mills, WV	(304) 772-4253	https://www.facebook.com/Kitchen-Creek-Bakery-146755258669940/	Y	N		N	N	Y	N	N	N	N	N	N/A
Section 4 South																
Shuttle to all trailheads between Sect 3 Bear Br & Sect 4 S Hanging Rock	Outdoor Adventures	White Sulphur Springs, WV	1-888 PLAYWVA (752-9982) goto@wvoutdooradventures.com	https://wvoutdooradventures.com/gre-enbrier-river-trail-shuttle-rates/	N	N	N	N	N	N	N	Y	N	N	N	Call ahead